

## General Presentation Syllabus

**Title:** *Life, Death and Everything In Between*

**Intended Audience:** General, keynote address

**Length:** 60 minutes

**Brief Description:**

Blood. Broken glass. Twisted metal. Death. At some point in our careers, every EMT has asked himself the question, “Is this job really worth all this?” All too often, we discover that EMS does not love us nearly as much as we love it. The hours are long, the pay is low, and the pressures are enormous. So why do we continue to do it? Join Kelly Grayson as he describes a career arc from rookie EMT to experienced paramedic to career burnout and beyond. You’ll see yourself in these stories and laugh alongside him as we examine how we face *Life, Death and Everything In Between*.

**Objectives:**

1. Discuss the various levels of EMS career development.
2. Discuss the typical signs of career disillusionment and burnout.
3. Discuss the stressors that limit EMS career longevity.
4. Discuss strategies to prolong career longevity and enhance career satisfaction.

**Resources Required:** LCD projector, wireless mouse, computer audio, wireless microphone