

General Presentation Syllabus

Title: *Show A Little Restraint: Dealing With The Combative Patient*

Intended Audience: General, ALS

Length: 60 minutes

Brief Description:

He's 6'4" tall. He's three hundred pounds. And he's high on PCP and methamphetamine. Can you handle him? Combative patients are an all-too-common EMS encounter. Be it an emotionally disturbed person or a combative drug addict, knowing how to safely restrain your patient can save lives - yours AND his. If you are forced to handle your combative patients on an ad hoc basis, without the benefit of a restraint protocol, this presentation is for you.

Objectives:

1. Discuss and describe the signs, symptoms and pathophysiology of excited delirium.
2. Discuss and describe verbal de-escalation techniques.
3. Discuss and debunk common misconceptions about TASER use.
4. Examine the proper application of control holds and restraints, including physical and chemical restraint.
5. Examine several model restraint protocols.

Resources Required: LCD projector, wireless mouse, computer audio, wireless microphone